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Saskatoon Short Track Meet **Information Bulletin**

WHEN: October 29th – 30th, 2011

WHERE: **Aberdeen**, Saskatchewan, Aberdeen Recreation Complex,
225 Central Ave. **See page 4 for directions.**

MEET FORMAT and DISTANCES:

- ✚ **Junior and older skaters** (>=15 years) will skate on the 111.12m track. They will skate 500m, 1000m, 1500m, 3000m points race and 3000m relay.
- ✚ **T2T skaters** (M12-15, F 11-14) will skate on a 100m track. Their distances are 200m, 400m, 1500m, 3000m points race and 3000m relay.
- ✚ **L2T** (M10-12, F 9-11) **and Fundamental** (M6-9, F 6-8):
 - Participation choices:
 - ❖ Saturday only
 - ❖ Saturday and Sunday
 - Skaters will be combined according to their ability into Div I or Div II and skate on a 100m track. Division I will skate a 200m, 300m, 400m, 1500m and a 2000m relay. Division II skates 200m, 300m, 300m, 1000m and a 1500m relay.
- ✚ **Active start** (less than 6 years) will skate a 50m and 100m on the 100m track on Saturday only.

AWARDS: Medals, ribbons and time records for applicable age classes.

TENTATIVE RACE SCHEDULE:

Saturday: 08:30 am: Warm-up: **L2T and Fundamentals**
Racing: Starts at 8:30 am
9:00 –12:00 pm: Div 1: 300m, 400m and relay
 Div 2: 200m, 300m and relay
12:00 – 12:30 pm: Active Start.
12:30pm: Warm-up: **T2T, Junior and older**
Racing: Starts at 01:00 pm
01:00 – 05:00 pm: **Junior & older:** 1000m and 1500m
 T2T: 400m and 1500m

Sunday: 08:30 am: Warm-up: **L2T and Fundamentals**
Racing: Starts at 8:30 am
9:00 –12:00 pm: Div 1: 200m, 1500m
 Div 2: 300m, 1000m
12:30pm: Warm-up: **T2T, Junior and older**
Racing: Starts at 01:00 pm
01:00 – 05:00 pm: **Junior & older:** 500m, 3000 points & relay
 T2T: 200m and 3000 points & relay

SUGGESTED HOTELS (no reservations made):

NAME	ADDRESS	TELEPHONE #
Travelodge Hotel	106 Circle Dr. W	(306) 242-8881
Holiday Inn Express Hotel & Suites	315 Idylwyld Dr. N	(306) 384-8844
Days Inn	2000 Idylwyld Dr. N	(306) 242-3297
Radisson Hotel	405 20 th St. E	(306) 665-3322
Best Western Inn & Suites	1715 Idylwyld Dr. N	(306) 244-5552
Country Inn & Suites by Carlson	617 Cynthia St	(306) 934-3900
Super 8 Motel	706 Circle Dr. E	(306) 384-8989

ENTRY FEES: All Groups: \$40 first skater in family,
 \$35 second skater in family
 \$30 third and every additional family skater
 \$ 5 Active Start Group
 Late Entry Fee: \$80

Please make Cheque out to Saskatoon Lions Speed Skating Club

REGISTRATION DEADLINE: Friday, October 21st, 2011

No changes after Monday, October 24th.

Last day for FULL REFUND due to withdrawal: Monday, October 24th, 2011.

COACHES MEETING: Friday, October 28th, 2011 – 7:30pm.

Clarence Downey Speed Skating Oval, 11th Street and Ave R
south (in Gordon Howe Complex), Saskatoon, Saskatchewan

Please:

- (1) Include an e-mail address so that your club coach can receive and review the preliminary race program and skater list.

- (2) Register through your Club and send one cheque made out to SLSSC per Club. Clubs are required to submit a single spreadsheet listing skaters and pertinent information. **Please submit information to the Registrar in an electronic format. Registration must be completed on the provided spreadsheet which is available at:**
http://www.saskspeedskating.com/index.php?p=calendar_of_events

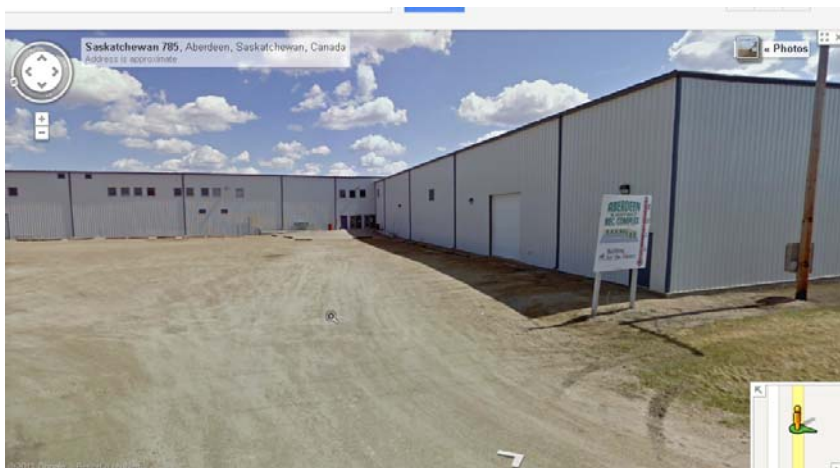
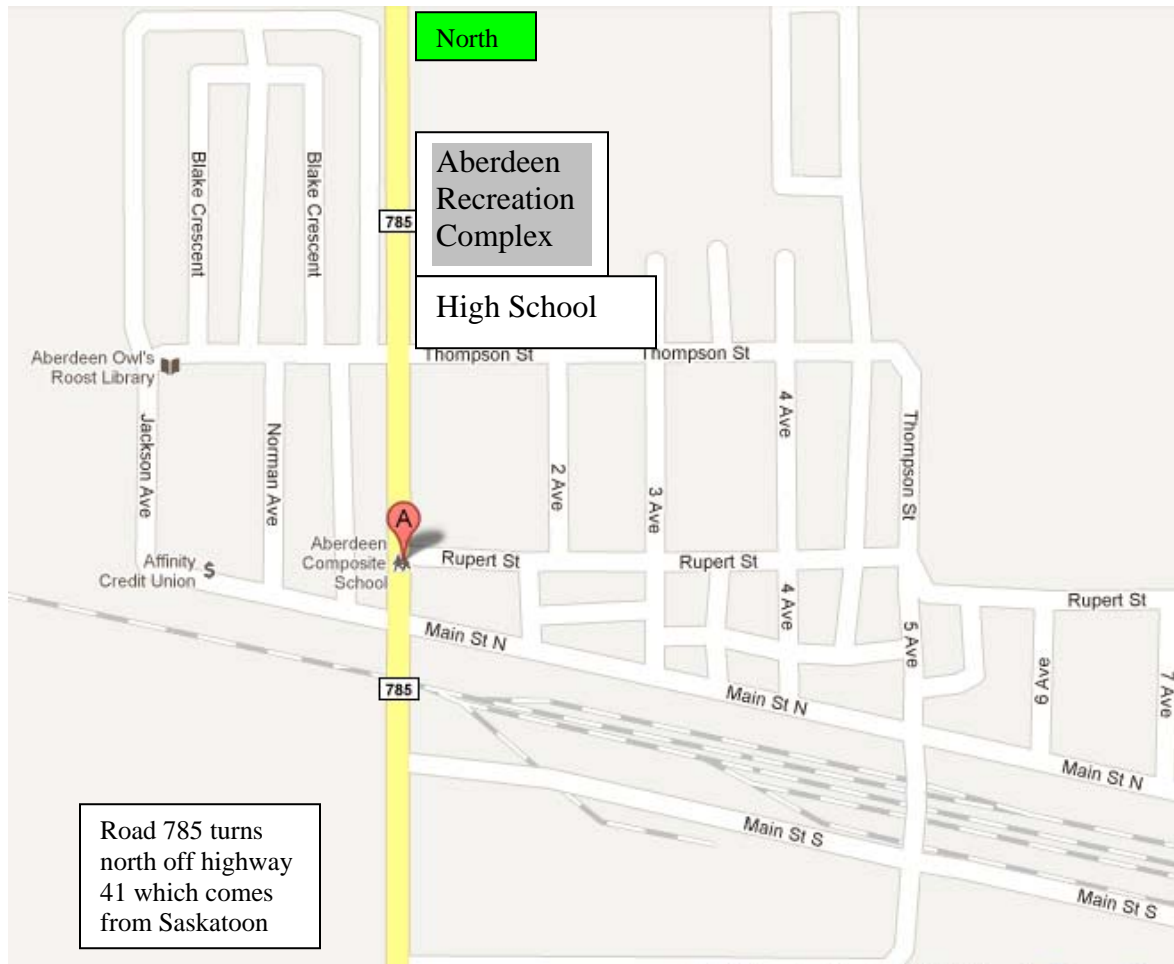
REGISTRAR: Jason Coutu
Telephone: (306) 220-5482
Email: jason@coutus.net

MEET COORDINATOR: Fritz Schumann
Telephone: (306) 664-6832
Email: fritz.schumann@sasktel.net

Directions to Aberdeen Recreation Complex

Link to Aberdeen

<http://maps.google.ca/maps?f=q&hl=en&q=saskatoon+to+Aberdeen,+Saskatchewan,+Canada&ie=UTF8&ll=52.240415,-106.458893&spn=0.253962,0.617981&source=embed>



Directions: After approximately 24km on Highway 41 turn north (left) onto road #785 going to Aberdeen. Keep on 785, crossing the railroad tracks, passing Main Str., Rupert and Thompson Str. Pass High school on corner of Thompson and 785, and then arrive at Recreation Complex on Right Hand Side (East).

**SASKATCHEWAN SPEED SKATING ASSOCIATION SANCTIONED
REGISTRATION INFORMATION**

SKATER NAME: _____ **SSC NO:** _____

PARENT NAME(S): _____

SKATER TELEPHONE #: _____

HEALTH CARD #: _____

AGE CLASS: _____ **AGE** (On July 1, 2011): _____

BIRTH DATE: _____
(year/month/day)

SEX (M/F): _____

BEST 500 M TIME (Junior and older): _____

BEST 400 M TIME (T2T): _____

BEST 300 M TIME (L2T and Fundamentals): _____

CLUB NAME: _____

Please confirm faxes and e-mail registration with Registrar.

Waiver for Skaters: All skaters must have completed a Saskatchewan Speed Skating Association waiver form. This is a policy adopted by the Saskatchewan Speed Skating Association. This type of release form is now used by many sports. The Saskatoon Lions Speed Skating Club cannot allow any skater to compete who has not completed this form!

Saskatchewan Amateur Speed Skating Association

RELEASE, WAIVER AND ASSUMPTION OF RISK

EVENT: _____ (see Schedule A)

I, _____ have read the rules and regulations issued for this event and agree to be bound by them. I hereby acknowledge and agree that in consideration of acceptance of this entry or my being permitted to take part in this event:

1. I DO HEREBY RELEASE the Saskatchewan Amateur Speed Skating Association (SASSA) and Speed Skating Canada (SSC), the affiliate club or Association hosting this event namely: _____ (see Schedule B), and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate from all liability, and do hereby waive as against the SSC, SASSA, the affiliate and members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of SSC, SASSA and the said affiliate all recourses, claims, causes of action of any kind whatsoever in respect of all personal injuries or property losses which I may suffer arising out of or connected with my preparation for or participation in this event notwithstanding that such injuries or losses may have been caused solely or partly by the negligence of the SSC, SASSA, the said affiliate or any of the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate.

2. AND, I DO HEREBY ACKNOWLEDGE AND AGREE:

- (a) That the sport of speed skating is very dangerous, exposing participants to many risks and hazards including personal injury, death and property damage, some of which are inherent in the very nature of the sport, other which might result from human error and negligence on the part of the persons involved in preparing, organizing and staging the races and other activities associated with the event;
- (b) That I freely and voluntarily assume all the aforesaid risks and hazards and my preparation for and participation in this event is entirely at my own risk;
- (c) That I understand that neither the SSC, SASSA nor the said affiliate nor any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate assume any responsibility whatsoever for my safety during the course of my preparation for or participation in this event;
- (d) That this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is binding upon myself, my heirs, my executors, administrators, personal representatives and assigns;
- (e) That I have carefully read this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement, that I fully understand same and that I am freely and voluntarily executing same.

DATED at _____, this _____ day of _____, 20____.

(Participant) (Signature of parent/guardian if participant is under 18 years)

(Witness)

Saskatchewan Amateur Speed Skating Association

PARENT ACKNOWLEDGEMENT, RELEASE AND AGREEMENT TO INDEMNIFY

WE, _____ being the parents or guardians or individuals with custody and responsibility of _____ (hereinafter called my child) for good and valuable consideration, the receipt of which is hereby acknowledged, DO HEREBY AGREE AND ACKNOWLEDGE:

1. That I/WE have read and understand fully the attached, RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.
2. That I/WE have explained fully to my child the consequences of signing the said RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.
3. That the said RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is on the whole beneficial to my child.
4. That I/WE do hereby release the Saskatchewan Amateur Speed Skating Association (hereinafter called SASSA), Speed Skating Canada (hereinafter called SSC), the affiliate referred to in the RELEASE, WAIVER AND ASSUMPTION OF RISK agreement and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate, all recourses, claims, causes of action of any kind whatsoever in respect of damages I/WE might suffer as a consequence of my child sustaining personal injury, death or property loss while participating in the event referred to in the RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement, notwithstanding that such injury, death or loss may have caused solely or partly by the negligence of the SSC, SASSA the said affiliate or any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate.
5. That I/WE do hereby agree to indemnify and hold harmless the SSC, SASSA, the said affiliate and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate from any and all claims, demands, causes of action of any kind whatsoever including those involving negligence on the part of the SSC, SASSA, the said affiliate or any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate that may be made or initiated by, or on behalf of my child, arising out of or connected with my child's preparation for or participation in the event referred to in the RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.

DATED at _____, this _____ day of _____, 20_____.

(Parent or Guardian)

(Parent or Guardian)