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Saskatoon Short Track Meet **Information Bulletin**

WHEN: November 27th – 28th, 2010

WHERE: Saskatoon, Saskatchewan, Cosmo Civic Centre,
3130 Laurier Drive.

MEET FORMAT: All racing will be on the 100 meter track, following an “All Points Format” (Male and Female combined). The meet will be divided into the following **5 categories:**

- 1) Open Class: Ages 14 years of age and older racing 500 m, 1000 m, 1500 m, 3000m and relays. *
- 2) Train to Train Class: Ages boys 12 to 15 and girls 11 to 14 years of age. They will race a combination of 300 m, 400 m, 500 m, 1500 m, 3000 m points, 100 m pursuit and relays.
- 3) Learn to Train Class: Includes boys 10 to 12 years and girls 9 – 11 years of age. They will participate in Skills Events and Mass Start Racing. *
- 4) Fundamentals Class includes boys’ ages 6 – 9 years and girls 6 - 8 years of age. They will participate in Skills Events and Mass Start Racing.
- 5) Active Start is skaters up to 5 years of age. They will participate in Skills Events.

*** Important Consideration when registering:**

- Skaters in the cross over years (boys ages 14 and 15; girls 14 years of age) need to decide if they want to compete in the open class or in the T2T class.
- Skaters in the L2T class with competition experience may choose to participate in the T2T class.

AWARDS: Medals, ribbons and time records for applicable age classes.

Tentative Racing Schedule at Cosmo Civic Centre:

Saturday: Warm-ups: 07:00 am
Racing: Starts at 8:00 am
8:00 – 12:00 pm: Open Class and T2T 1st and 2nd individual distances and 10 min 2 person relay.
12:15 – 01:00 pm: Active Start.
1:15 – 4:30 pm: Learn to Train and Fundamentals skills and races.

Sunday: Warm-ups: 07:00 am
Racing: Starts at 8:00 am.
8:00 – 12:00 pm: Open Class and T2T 3rd and 4th individual distances.
12:30 – 2:00 pm: Learn to Train Skills and races.
2:00 – 4:00 pm: Open Class and Train to Train Relays

SUGGESTED HOTELS (no reservations made):

NAME	ADDRESS	TELEPHONE #
Travelodge Hotel	106 Circle Dr. W	(306) 242-8881
Holiday Inn Express Hotel & Suites	315 Idylwyld Dr. N	(306) 384-8844
Days Inn	2000 Idylwyld Dr. N	(306) 242-3297
Radisson Hotel	405 20 th St. E	(306) 665-3322
Best Western Inn & Suites	1715 Idylwyld Dr. N	(306) 244-5552
Country Inn & Suites by Carlson	617 Cynthia St	(306) 934-3900
Super 8 Motel	706 Circle Dr. E	(306) 384-8989

ENTRY FEES: All Groups: \$40 first skater in family,
\$35 second skater in family
\$30 third and every additional family skater
\$ 5 Active Start Group
Late Entry Fee: \$80

Please make Cheque out to Saskatoon Lions Speed Skating Club

REGISTRATION DEADLINE: Monday, November 22nd, 2010

No changes after Tuesday, November 23rd.

Last day for FULL REFUND due to withdrawal: Tuesday, November 23rd, 2010.

COACHES MEETING: Friday, November 26th, 2010 – 7:30pm.

Saskatoon, SK, Cosmo Civic Centre, 3130 Laurier Drive.

Please:

- (1) Include an e-mail address so that your club coach can receive and review the preliminary race program and skater list.
- (2) Register through your Club and send one cheque made out to SLSSC per Club. Clubs are required to submit a single spreadsheet listing skaters and pertinent information. **Please submit information to the Registrar in an electronic format. Registration must be completed on the provided spreadsheet which is available at:**
http://www.saskspeedskating.com/index.php?p=calendar_of_events

REGISTRAR:

Jason Coutu

Telephone: (306) 220-5482

Email: jason@coutus.net

MEET COORDINATOR:

Fritz Schumann

Telephone: (306) 664-6832

Email: fritz.schumann@sasktel.net

SASKATCHEWAN SPEED SKATING ASSOCIATION SANCTIONED
REGISTRATION INFORMATION

SKATER NAME: _____ **SKATER NO:** _____

PARENT NAME(S): _____

SKATER TELEPHONE #: _____

HEALTH CARD #: _____

AGE CLASS: _____ **AGE** (On July 1, 2010): _____

BIRTH DATE: _____
(year/month/day)

SEX (M/F): _____

BEST 500 M TIME: _____

BEST 300 M TIME: _____

CLUB NAME: _____

Please confirm faxes and e-mail registration with Registrar.

Waiver for Skaters: All skaters must have completed a Saskatchewan Speed Skating Association waiver form. This is a policy adopted by the Saskatchewan Speed Skating Association. This type of release form is now used by many sports. The Saskatoon Lions Speed Skating Club cannot allow any skater to compete who has not completed this form!

Saskatchewan Amateur Speed Skating Association

RELEASE, WAIVER AND ASSUMPTION OF RISK

EVENT: _____ (see Schedule A)

I, _____ have read the rules and regulations issued for this event and agree to be bound by them. I hereby acknowledge and agree that in consideration of acceptance of this entry or my being permitted to take part in this event:

1. I DO HEREBY RELEASE the Saskatchewan Amateur Speed Skating Association (SASSA) and Speed Skating Canada (SSC), the affiliate club or Association hosting this event namely: _____ (see Schedule B), and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate from all liability, and do hereby waive as against the SSC, SASSA, the affiliate and members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of SSC, SASSA and the said affiliate all recourses, claims, causes of action of any kind whatsoever in respect of all personal injuries or property losses which I may suffer arising out of or connected with my preparation for or participation in this event notwithstanding that such injuries or losses may have been caused solely or partly by the negligence of the SSC, SASSA, the said affiliate or any of the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate.

2. AND, I DO HEREBY ACKNOWLEDGE AND AGREE:

- (a) That the sport of speed skating is very dangerous, exposing participants to many risks and hazards including personal injury, death and property damage, some of which are inherent in the very nature of the sport, other which might result from human error and negligence on the part of the persons involved in preparing, organizing and staging the races and other activities associated with the event;
- (b) That I freely and voluntarily assume all the aforesaid risks and hazards and my preparation for and participation in this event is entirely at my own risk;
- (c) That I understand that neither the SSC, SASSA nor the said affiliate nor any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate assume any responsibility whatsoever for my safety during the course of my preparation for or participation in this event;
- (d) That this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is binding upon myself, my heirs, my executors, administrators, personal representatives and assigns;
- (e) That I have carefully read this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement, that I fully understand same and that I am freely and voluntarily executing same.

DATED at _____, this _____ day of _____, 20____.

(Participant) (Signature of parent/guardian if participant is under 18 years)

(Witness)

Saskatchewan Amateur Speed Skating Association

PARENT ACKNOWLEDGEMENT, RELEASE AND AGREEMENT TO INDEMNIFY

WE, _____ being the parents or guardians or individuals with custody and responsibility of _____ (hereinafter called my child) for good and valuable consideration, the receipt of which is hereby acknowledged, DO HEREBY AGREE AND ACKNOWLEDGE:

1. That I/WE have read and understand fully the attached, RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.
2. That I/WE have explained fully to my child the consequences of signing the said RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.
3. That the said RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is on the whole beneficial to my child.
4. That I/WE do hereby release the Saskatchewan Amateur Speed Skating Association (hereinafter called SASSA), Speed Skating Canada (hereinafter called SSC), the affiliate referred to in the RELEASE, WAIVER AND ASSUMPTION OF RISK agreement and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate, all recourses, claims, causes of action of any kind whatsoever in respect of damages I/WE might suffer as a consequence of my child sustaining personal injury, death or property loss while participating in the event referred to in the RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement, notwithstanding that such injury, death or loss may have caused solely or partly by the negligence of the SSC, SASSA the said affiliate or any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate.
5. That I/WE do hereby agree to indemnify and hold harmless the SSC, SASSA, the said affiliate and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate from any and all claims, demands, causes of action of any kind whatsoever including those involving negligence on the part of the SSC, SASSA, the said affiliate or any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate that may be made or initiated by, or on behalf of my child, arising out of or connected with my child's preparation for or participation in the event referred to in the RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.

DATED at _____, this _____ day of _____, 20_____.

(Parent or Guardian)

(Parent or Guardian)